## MILWAUKEE COUNTY SENIOR DINING

## **FRANKLIN**

9229 W. LOOMIS ROAD



**(**414)427-7696

11:00 FOR IN-PERSON DINING

## SEPTEMBER



MONDAY	TUESDAY		WEDNESDAY	THURSDAY		FRIDAY	
CLOSED 2	Hot Dog	3	Chef's Salad 4	Roast Beef on Bun	5	Seafood Alfredo	6
LABOR DAY	Bun		Ham, Turkey, Cheese	Red Potatoes		Angel Hair Pasta	
CADOR DATE	Scalloped Potatoes		Hard-Boiled Egg, Dressing	Succotash		Chef's Vegetables	
	Baked Beans		Italian Bread	Baby Carrots		Garlic Breadstick	
	Pickle Spear		Fruited Yogurt	Baker's Choice		✓ Orange Juice	
	Raisins		Fresh Fruit	Fruit		Chilled Apricots	
Shredded Turkey 9	Salisbury Steak 10	0	Chicken Caesar Salad 11	Smothered Chicken	12	Cheesy Rotini Bake	13
Whole Wheat Bun	Gravy		Grilled Chicken, Romaine	Mashed Potatoes		with Ham	
Wild Rice	Egg Noodles		Tomatoes, Parmesan	Country Vegetables		Steamed Broccoli	
Corn	Sautéed Spinach		Croutons, Caesar Dressing	Cornbread Muffin		Biscuit	
Cranberry Sauce	Buttermilk Biscuit		French Bread	Angel Food Cake		Truit Punch	
Lorna Doone Cookies	Fresh Pear		Cottage Cheese	w/Mixed Berries		Rice Krispie Treat	
			Peaches			Fruit	
Pizza Casserole 16	Tuna Salad 1	7	Taco Salad 18	Brunch for Lunch	19	Swedish Meatballs	20
w/Sausage	Kaiser Roll		Taco Meat, Cheese	Scrambled Eggs		Gravy	
Italian Vegetables	Marinated Beans		Tomatoes, Peppers, Onions	Sausage Patty		Mashed Potatoes	
Crusty Bread	Baby Carrots		Lettuce, Dressing	Hashbrowns		Peas	
Juice     Juice	<b>♠</b> Apple Juice		Tortilla Chips	Bran Muffin		Dinner Roll	
Snickerdoodle Cookie	Plum		Fresh Orange	Melon		Fruit Cocktail	
Fruit			Granola Bar				
BBQ Chicken 23	Baked Ham 24	4	Seafood Salad 25	Stuffed Green Pepper	26	Chicken Salad	27
Leg/Thigh	Pineapple Rice		Pasta Salad	w/Tomato Sauce		Whole Grain Bun	
Quartered Red Potatoes	Brussels Sprouts		Grape Tomatoes	Buttered Rice		Potato Salad	
Southwest Vegetables	Rye Bread		Poppy Seed Dinner Roll	Chef's Vegetables		Coleslaw	
7-Grain Bread	Tropical Fruit Cocktail		Banana Cream Pie	Oatmeal Bread		String Cheese	
Jell-O			Banana	Fruit Fluff		Clementine	
Filet of Fish 30		2000	RESERVA	TIONS (	=	HEALTHIER DESSI	ERT
Sesame Bun		5	NESERVA			Suggested Contribut	ion

REQUIRED

Yellow Delicious Apple
View Menus Online!

Potato Wedges

Calico Beans Rainbow Slaw

county.milwaukee.gov/aging/diningmenus ·

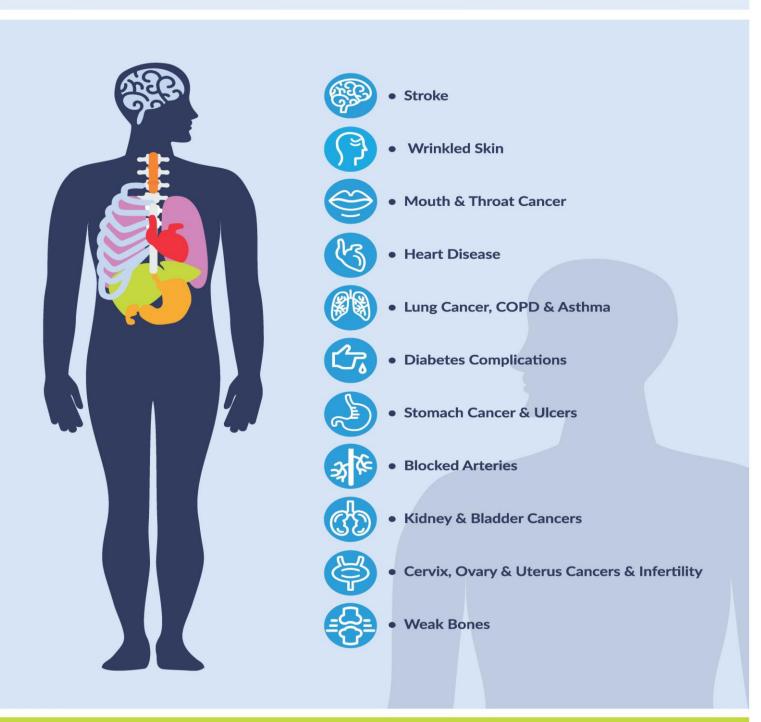
Senior Dining Office: 414-289-6995

60+



## The Health Effects of Smoking

Every year in the U.S., more than 480,000 people die from tobacco use and exposure to secondhand smoke, making it the leading cause of preventable death in this country. Smoking and the use of other tobacco products, including cigars and smokeless tobacco, causes or worsens numerous diseases and conditions.



Are you, or someone you love ready to quit smoking? The American Lung Association's Freedom From Smoking is a proven-effective quit smoking program that is available over the phone, in-person or online.

Learn more or sign-up at 1-800-LUNGUSA or Lung.org/ffs.

